

Choice Theory, Reality Therapy & Lead Management Training

Basic Intensive Training

With **Kalikamurti Suich**

What Choice Theory (CT) and Reality Therapy (RT) offer that is different from any other training is why and how every person behaves to meet their needs. This course provides a clear theoretical framework and the strategies, skills and tools to assist professionals to stay totally centred in the client's world.

The counselling techniques are a series of questions that are culturally neutral, seeking to understand the priorities of the client whilst simultaneously engaging their own problem-solving capacities. This style of working is positive present tense and future based. We cannot change the past but we can assist people to take control of their own future as individuals, families, organisations and communities.

Lead Management is the practical application of CT and RT at the organisational level and supports employees and managers to work with integrity and clarity and realise their potential and build and maintain quality, sustainable workplaces.

Course Outcomes

At the end of this hands-on, practical course, participants will:

- Develop and practice the skills of Reality Therapy and Lead Management
- Gain accreditation by The William Glasser Institute - the first stage of a sequential course of study which is available through the New Zealand branch of WGI

Your Facilitator

Kalikamurti Suich is a William Glasser Institute (WGI) Faculty Member, internationally accredited trainer, consultant and counsellor. Kalikamurti recently co-convened **Centred in Choice**, the WGI Australia conference, in Alice Springs, and co-presented workshops linking yoga and Choice Theory. Kalikamurti works as a counsellor and trainer and yoga teacher and therapist. She is an accredited Mental Health Social Worker.

Nelson

24 - 27 March 2012

9.00am - 4.30pm

Cost \$650 includes course notes and morning and afternoon teas.

5% discount for group bookings of four or more participants

Registrations close **9 March 2012 with 50% minimum deposit**

Bookings: kalikamurti@beyondbreathingspace.com

