

Choice Theory, Reality Therapy & Lead Management Training

Basic Intensive Training

With **Kalikamurti Suich** and **Nancy Snow**

What Choice Theory (CT) and Reality Therapy (RT) offer that is different from any other training is it focuses on why and how every person behaves to meet their needs. This course provides a clear theoretical framework and the **strategies, skills** and **tools** to assist professionals to stay **totally centred in the client's world**.

The counselling techniques are a series of questions that are **culturally neutral**, seeking to understand the priorities of the client whilst simultaneously engaging their own problem-solving capacities. This style of working is **positive present tense** and **future based**. We cannot change the past but we can assist people to take control of their own future as individuals, families, organisations and communities.

Lead Management is the practical application of CT and RT at the organisational level and supports employees and managers to work with integrity and clarity and realise their potential and build and maintain quality, sustainable workplaces.

Course Outcomes

At the end of this intensive hands-on, practical course, participants will:

- Develop and practice the skills of Reality Therapy and Lead Management
- Gain accreditation by The William Glasser Institute (this is the first stage of a sequential course of study available through Beyond Breathing Space).

Your Facilitators

Kalikamurti Suich is a William Glasser Institute (WGI) Faculty Member, internationally accredited trainer, consultant and counsellor. Kalikamurti recently co-convened **Centred in Choice**, the WGI Australia conference, in Alice Springs, and co-presented workshops linking yoga and Choice Theory.

Nancy Snow is the Principal of Woodberry Learning Centre (WLC) – a school near Maitland, NSW, for students with extremely challenging behaviours who could not be managed in their mainstream schools. She is a registered psychologist and a Basic Intensive Training Instructor with the William Glasser Institute.

**Thursday 1 - Sunday 4
March 2012**

9.00am – 4.30pm

47 Coolibah Crescent, Alice Springs

\$825 (inc GST) includes course notes and morning and afternoon teas.

5% discount for group bookings of four or more participants

Registrations close **Friday 17 February** with 50% deposit

Call Kalikamurti or Joy +61 (0) 8952 3638 or email Kalikamurti@beyondbreathingspace.com

